

Could you benefit from a more connected

*OR Someone
You Love...*

PONS?

*It's part of
the BRAIN*

If the **Pons of an adult is underdeveloped**, many perceived threats, like giving a speech, meeting a deadline at work, or simply being at a social event, could trigger any of the responses below.

For a **child with an underdeveloped Pons**, their fight or flight sense will often be triggered by events that are not actual threats, like homework, doing chores, transitioning from one project to another, taking a shower, cleaning your room, etc.

When triggered, the child will display behavior that will either be a **fight response** (i.e. aggressive behavior, a tantrum, etc.), or a **flight response** (shyness, avoiding, hiding out, etc.).

Here are SOME of the behaviors that may be displayed with an underdeveloped Pons.



Inattentiveness



Constant and persistent anxiety (over trivial daily matters)



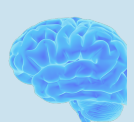
Fight or Flight response (aggression, meltdowns, or even avoiding situations altogether)



Distorted fears (afraid to go to room alone, afraid of elevators, etc.)



Diminished hunger sense (can go the whole day without needing to eat)



Diminished sense of pain (likes crashing into walls or perceived as fearless or tough)



Difficulty reading and writing (gets tired easily, or has trouble getting ideas on paper)



Difficulty forming strong relationships (usually not able to get along with others)



Diminished perception of hot/cold temperatures, pain, and hunger (wears a sweatshirt even when hot outside, doesn't feel the ocean is freezing and is turning blue, loves to be tackled, doesn't notice hunger until very hungry and angry)



Lack of automatic horizontal eye-movements (eye tracking-tiring when reading or writing, needs to sit in back row because can't follow with their eyes up close)



Inability to control automatic body functions: Ex: heart rate and respiration

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MIDBRAIN?

If the **Midbrain of an adult is underdeveloped**, it is difficult to maintain focus and to prioritize tasks, like starting and completing work projects, or maintaining a schedule or keeping up with daily demands, like housework or decluttering.

For **children with an underdeveloped Midbrain**, they might forget what their homework is, have no idea how to carry out a simple task that a parent requests because they don't know where to start, or become easily distracted from their task whenever a person walks by, someone talks, another child in the classroom or home makes a noise, or a light turns on.

Here are SOME of the behaviors that may be displayed when there is an underdeveloped Pons.



Tactile Sensitivity (cannot handle tags in shirts or certain waistbands in pants)

Needs to touch everything (If in sight, it needs to be touched.)

Cannot sit still (Prefers to always be moving.)

Easily distracted

Poor filtering of incoming stimuli, making it difficult to prioritize tasks

Dislikes light physical touch (doesn't like to cuddle)

Always hungry (constantly thinking about food and when the next meal will be)

Difficulty making transitions from one activity to another

Gets "stuck" on a thought and repeats the same thing over and over

Poor articulation

Poor balance and coordination

Difficulty in reading comprehension

Difficulty writing (either in holding the pencil or getting thoughts on paper)

Poor bladder/bowel control (Challenging time potty training, lots of night time accidents)

Unable to moderate bodily functions: sleep, blood pressure, appetite, body temperature

Unable to hear and understand sounds (or differentiate two similar sounds)

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